

2021

**SHRI BABA
MASTNATH
AYURVEDIC
COLLEGE,
ASTHAL
BOHAR,
ROHTAK**

**[AYUSH WEEK
CELEBRATION]**

The Ayush week 2021 Azadi ka Amrit

Mahotsav 2021 held in the BMU premises in a befitting manner yesterday it was a week long program presided over by vice chancellor of the Baba Mastnath University. With theme of Hamara Aayush Hamara Swasthya program started with Dhanvantari Vandana.





Welcome speech by Dr Puneet Sharma Co-ordinator he also give information regarding the 75th year of Indian Independence celebration he also informed that we are all are directed to inform that to commemorate 75th year of Indian Independence celebration related to 75th anniversary of India's Independence till August 2022. It has been decided to organise medical camp through Ayush colleges and

institutes across the country for propagation of preventive locally grown plants and traditional food vocal for local in this regard and action plan has been approved for implementation by the institutions. Briefing of plan of activities of Amrit Mahotsav by Dr Pankaj Jindal.



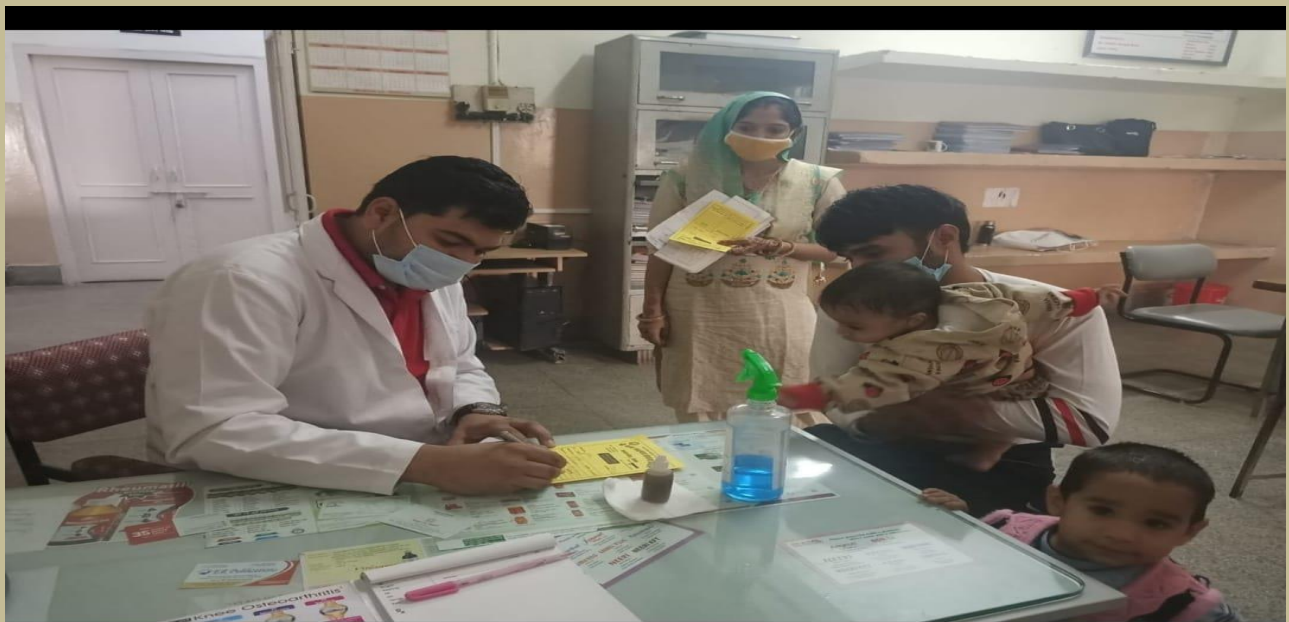


Lecture delivered by Dr Chhavi Yadav on importance of medicinal plants during camp identification and basic knowledge of medicinal plants a lecture given by Dr Lakhan lecture also delivered by Dr Poonam Yadav on importance of dincharya ritucharya and general preventive measures by utilizing locally available locally grown plants well explained by our faculty.



Lecture delivered by Dr Amit describing the traditional food and dietary practices suitable for children and its role in preventing malnutrition.

Swarnprashan Sanskar was organized in Ayush Week.





Lecture delivered by Dr Neeraj Khare on diabetes and arthritis with importance of Panchakarma in treatment of both diseases.





Shri Baba Mastnath Ayurvedic College

Asthal Bohar, Rohtak, NH-10 NCR, Haryana

Baba Mastnath University

(Recognised by Ministry of AYUSH, New Delhi)



“हमारा आयुष, हमारा स्वास्थ्य”

आजादी
का

अमृत महोत्सव



दिनांक : 23-09-2021

स्थान : BMU CAMPUS



Arali was also organized and attended by chancellor's Nominee Mrs. Anjana Rao the rally flagged off by chancellor's Nominee vice chancellor and registrar. All the students and teachers of Bachelor

of Ayurvedic medicine and surgery participated in the rally.

10 selected schools and colleges enthusiastically and all the students got the benefit of this webinar.



