

Education Tour of BAMS 2nd Year Students to Haridwar - Rishikesh

The present report is a compilation of the events, pharmacy and herbal garden visited of a 6 days educational trip to Haridwar, Patanjali and Rishikesh organized by the department of Dravyaguna vigyan and Rasashahstra and Bhaishajya Kalpana of Shri Baba Mastnath Ayurvedic College of Baba Mastnath University from 5th December to 10th December, 2022. Aim of this tour to aid the students acquire basic knowledge of Ayurvedic pharmacy and herbal drugs of Haridwar. Department also take samples of rare herbal plants of that region.

Department of Ayurveda recognized as the best department of Baba Mastnath University as it emphasizes on both theoretical and practical knowledge of Ayurveda. So, Department of Ayurveda organizes an educational excursion annually. Our 27 students were accompanied by the three faculty members of the Department.

Faculty Members

Dr. Pooja Rohilla (Associate Professor Dravyaguna Dept)

Dr. Nitin Jain (Assistant Professor Dravyaguna Dept)

Dr. Jay Prakash Gupta (Assistant Professor RasaShahstra and Bhaishajya Kalpana Dept)

Students of Second Year Professional

27 students



1. A Road Journey to Haridwar

On 5th Dec, our group of 30 members boarded by traveler bus in afternoon 2 Pm from college campus to an eventful journey to Haridwar and adjoining areas. All the members were excited to do 6 hours journey. We had taken our dinner before reaching our destination.

2. Mahajan Bhavan- A soulful rest place

At 9 Pm we had reached our rest place Mahajan Bhavan, a soulful and serene rest -place for the travelers. There was a temple of Lord Rama in the center of Bhavan. We had booked this place for 2 days.



3. Visit- Patanjali Food and Herbal Park

We were at Patanjali Food and Herbal Park on sharp 9:30 AM. We had a guide with us who was explaining all the manufacturing units of Ayurvedic formulations. We started our visit with the Ayurvedic toothpaste manufacturing and packaging unit after that we visited the “Bhasma manufacturing unit. We saw “loha bhasma, mandoor bhasma, shukti bhasma” etc after several processes like triturating with herbal liquids, heating on a particular temperature in electric furnace. We saw the raw drugs for the “Bhasma”. After that we visited the site where “Kupipakva rasayan” were prepared. Students also saw the “Suvarana Bhasma” classical manufacturing process with “sarava samputa” and “classical putta”. We also visited Chaywanprash manufacturing and packaging unit. We saw the washing area where large number of alovera were washing before going through manufacturing unit of Aloevera gel and juice. After that we went in the store house of the pharmacy. Where we had taste “Meshashringi” known as “Gudamaar”; after that sweetness of sugar was not felt. It seemed to be very interesting for the students. We also saw the rare medicine “Kida jadi”, a very expensive ayurvedic medicine. At last, we enjoyed a tasty lunch with head of unit.



4. Mansa devi mandir- A peaceful place

In the evening of 6th Dec., we were visited Mansa devi temple. We saw sub himalyan trees and ayurvedic herbs. We saw saal, Sagwan, varieties of kanchnaar, bhallataka, bilva, sarpgandha, agnimantha in our trackway. After 2 hrs of tracking we worshiped goddess Mansa Devi. Then we returned with the same track way.



5. Ganga Aarti

At "Har ki Pudi" Students enjoyed the Aarti of Holy River "Ganga". Ganga Aarti continued for half an hour. Students were enjoying the tea on the Ganga Ghat. After that we had taken our dinner in the mahajan bhavan.

6. Patanjali Yog peeth Phase-1

First, the students went to Patanjali Hospital, Visited the hospital and Panchkarma Unit. After this Dr. Ketan Mahajan (Head of Dep. of Kayachikitsa) and Dr. (Head of Shalaky Tantra) interacted with the students and shared their experiences. After this got information about different types of Patanjali products at Patanjali Mega Mart and had lunch at Dana Pani Canteen.



7. Visited Patanjali Herbal Garden were got information about different types of medicinal plants like Bhumi aavla, Haritaki, Vibhitak, Bhallatak, Akarkara, Chanda, Ashok, , collected necessary samples, and understood herbarium formation method and saw herbarium and oil paintings of different parts of plants kept there. A cave was built in the Herbal Garden, in which the principles of Ashtanga Ayurveda and Yoga were depicted, and sculptures of ancient masters were made. It was memorable experience.





8. In the evening, visited Patanjali Yoggram where saw accommodation for patients built in traditional way and understood about the treatment being done to patients by various medical methods of Naturopathy and Panchkarma, and also got information about Yajna Chikitsa.



9. Next day morning left for Rishikesh, where night camping in which students enjoyed DJ night, Food, Games, River Rafting and Trekking from camp to Ganga River with knowledgeable discussion, getting information about medicinal plant identification.





10. Last day of the tour, visited to Shantikunj Gayatri Parivar, there students learned Ayurveda, Modern Pharmacology, Integration, Research, Future the Mantras, and the methods of Yagya

according to diseases, after that the Ashram officials talked about the power source and importance of Gayatri Mantra. After that have lunch and leave for Rohtak by Bus.